

**Job Title:** Junior Counsellor, Adults (Adult Counselling Placement)

**Location:** Burton-Upon-Trent

**Reporting to:** Serenity Director  
Peer Mentor

**Days :** Current available hours (subject to change)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9am - 2pm (Child)	9am - 2pm x 2 (1 Adult, 1 Child)		9am - 2pm (Adult)		
			2pm - 5pm (Adult)		

#### About this role:

The purpose of the Junior Counsellor role is to provide effective and high quality therapy to adults, 18yrs +, in our Burton-Upon-Trent clinic.

- You will be required to conduct your own clinical assessments.
- You will work in an open-ended manner with clients.
- Clinical Supervision will be provided at a ratio of 1hr of supervision for every 6-9 client sessions, with a Qualified Serenity Clinical Supervisor.
- You must maintain appropriate membership with BACP, UKCP or NCS.
- You will meet your own requirements for CPD where necessary.  
(Serenity provides in house CPD opportunities 4 times per year and peer supervision groups each week which are both free of charge).
- You will be responsible for maintaining cleanliness of the room between working hours, ready for your colleague to enter.
- You will be responsible for informing the Resources Manager of any supplies that need restocking.
- You will adhere to the BACP Ethical Framework and maintain confidentiality in accordance with Serenity's policy.
- You will attend one mandatory induction day before beginning sessions.

This role description is a general outline of the duties and responsibilities and may be amended as Serenity develops and the role grows. The post holder may be required to undertake other duties as may be reasonably required from time to time.

## Person Specification – Junior Counsellor

The person specification outlines the main criteria for the post and short-listing will be based on the following criteria. Please ensure that your supporting statement clearly shows how you meet the criteria using experience gained either in paid or voluntary work.

### Requirements:

You will be a fully qualified Counsellor/Therapist **or** studying towards one of these professions at the following levels:

- Diploma in Counselling (Level 4 or above).
- Degree, MSc or MA in Counselling, Counselling Psychology or Psychotherapy.
- You will have completed the fitness to practice module of your course.
- You must hold membership with BACP, UKCP or NCS.

### Experience:

- Your course must have practical and experiential learning. It can not be purely theoretical or distance learning based. Types of practical learning can include role play, triads and creative workshops using resources.
- You must have attended personal therapy or currently be in personal therapy.
- You must have sound knowledge of your psychotherapeutic approach.
- An understanding of Safeguarding and how to manage a Safeguarding concern or disclosure..

### Attitudes:

- Identifies with Serenity's aims and core values.
- A willingness to commit to the placement for one year.
- A commitment to self-care.
- Emotionally robust and able to demonstrate self-awareness and self-reflection.
- An understanding of and awareness of Equality, Diversity and Inclusion and a personal commitment to equality of opportunity and anti-discriminatory practice in service delivery.

## Interview Schedule

Autumn 2024 Junior Counsellor Cohort

Advertise : NOW

Closing Date : Oct 7th.

Interview Week : w/c Oct 14th..

Mandatory Induction Day : Nov 2nd.

Serenity  
Psychological Support Services