

Things We Can See

Body Language

Height

Skin Colour

Age

Gender

Dress Style

Behaviours

Hair Colour

Religion Disability Mationality Medital Meditare

Learning Difficulties Mental Wellbeing
Spirituality Knowledge Role in Family Dreams
Skills Sexuality Languages Political Views Pets
Life Experience Social Status Birth Place
Likes/ Dislikes Beliefs Health Values

Personal Pronoun Preference

and so much more...

Things We Can't See

The Identity Iceberg





This model shows us how there are 'seen' and 'hidden' parts of a persons identity. the top of the iceberg is above the water, which refers to the parts of a persons identity that you can see. On the water line, there are parts of a persons identity that you can only assume are true. However, under the water there is a massive part of the iceberg that you cant see.